

WASATCH FRONT & BACK

FROM CITY TO SUMMIT.

Steel, concrete and glass rise out of the clay and sand, a testament to the persistent will to build a new city of Zion in the desert. But it's here that the desert basin ends and the mountains begin. Here, that the artists, dancers, musicians and chefs draw inspiration from the drama of the surrounding landscape. Topographic prominence is the visible rise of the mountains off the valley floor. Contour lines crammed together, rising and falling with peaks and canyons. Wildflowers in summer. Snow in winter. The Rocky Mountains frame the Wasatch Front with a 6,000-foot wall of granite and limestone: bedrock that gave rise to Salt Lake's historic architecture, that helped make this place. The wall is porous. We travel freely between city and summit.

ANTELOPE ISLAND STATE PARK \$ ① 🛦

Its craggy ridgeline beckons from across the northern Wasatch Front. Leave the bustle of modern civilization behind for the tranquility of an adventure-filled island in the Great Salt Lake, home to 36 miles of hiking and mountain bike trails meandering among free-roaming bison and antelope herds year-round. Visitors also enjoy renowned birding along the causeway, an interpretive visitor center and the pioneer history of the Fielding Garr Ranch. Sailboats and kayaks dot placid waters and sunsets from the island are among

My notes: _

BRIDAL VEIL FALLS

Utah County's Provo Canyon features Bridal Veil Falls, Vivian Park and the Provo River Parkway, among other stops that collectively are a fantastic year-round destination for outdoor recreation. In the summer, Bridal Veil and Provo Canyon serve as the scenic backdrop for abundant biking, family picnics, mountaineering, floating and hiking and in the winter is a must-visit destination for ice climbers. A great way to see it all is to run or ride the paved Parkway. Also near Sundance Mountain Resort and Provo Canyon Adventures.

HISTORIC 25TH STREET

Utah's godfather of jazz, saxophonist Joe McQueen, said there was a time when you could literally get anything you wanted on Ogden's 25th Street: "Your mind can't handle it. You wanted a giraffe. There was a guy who could get it for you." Today, Ogden has restored its historic architecture and blended in new development toward a vibrant and walkable downtown filled with local restaurants, coffee, breweries, entertainment and shopping — with a nod to its untamed $\,$ past. Ogden is 45 minutes north of Salt Lake City and the gateway to vast outdoor recreation and three ski resorts.

HOMESTEAD CRATER \$

The focal point of Midway's Homestead Resort is a a geothermal crater known for year-round 95-degree clear mineral water perfect for relaxing, scuba and stand up paddleboard yoga. The familyfriendly resort offers horseback riding, golf, hayrides, crosscountry skiing and skate skiing with rentals available and winter sleigh rides. The resort is also an appealing base camp to Wasatch Mountain State Park, the Nordic ski Olympic venue at Soldier Hollow, Deer Valley and Park City Mountain and Blue Ribbon flyfishing on the Provo River. Nearby Zermatt Resort steps up the luxury and guided outdoor adventures in the Heber Valley, just 45 minutes from Salt Lake City.

LAGOON AMUSEMENT PARK \$ &

Calling all roller coaster fanatics. Behold the largest outdoor amusement park between the Mississippi River and California, home to more than 50 rides, a water park, a historic pioneer village, camping and live entertainment. Designed in-house, Cannibal is a one-of-a-kind ride with a 208-foot tower, a 116-degree inverted dive and a top speed of 70 mph. Season runs March through October. 20 minutes north of Salt Lake City.

My notes: _	
-------------	--

LOVELAND LIVING PLANET AQUARIUM \$

A distinctive fin-like appendage adds to the aquarium's "fluid and aquatic feel" and begs exploration. Visitors will instantly recognize the unique building from the Interstate. Once inside, discover hundreds of species of fish, reptiles and mammals spread across various exhibits here in mountainous, landlocked Utah. Highlights include the Ocean Explorer shark tunnel, Antarctic Adventure and Utah's treasured wildlife and endangered species. Less than 30 minutes from Salt Lake City. Open daily, year-round.

NATURAL HISTORY MUSEUM OF UTAH \$

Native copper adorns the facade while the main lobby opens up into a towering slot canyon, reminiscent of the geology of Southern Utah. From here, visitors work their way through exhibits covering past worlds, life, land, gems and minerals, first peoples, Great Salt Lake (with a view of it!), Native voices, sky, Utah futures and rotating exhibits. As the explorer's informational Trailhead to Utah, NHMU is also literally a trailhead, part of the Bonneville Shoreline Trail system on the East Bench of Salt Lake City. Open daily.

RIO TINTO STADIUM \$

Real (pronounced Ree-AL) Salt Lake launched as an expansion team of Major League Soccer in 2005 and captured the MLS Cup in 2009. The team plays in the stunning Rio Tinto Stadium in Sandy just south of Salt Lake City and has a passionate fan base. Multiple official supporters' groups occupy "The RioT" each game — standing, chanting, drumming and driving their team to victory, scarves and all. The stadium also hosts Utah Royals FC, part of the National Women's Soccer League.

SOLDIER HOLLOW \$ Å

Soldier Hollow, part of the picturesque Wasatch Mountain State Park, was the Nordic skiing venue for the 2002 Olympic Winter Games. Explore beautifully manicured cross-country ski trails or launch the family on some of the longest tubing lanes in the country. There are more than 19 miles of trails to bike or hike in the summer. Each Labor Day Weekend competitors and their sheepdogs (border collies) come from around to world to test themselves against Utah's legendary Rocky Mountain range ewes in the Soldier Hollow Classic Sheepdog Championship. Meanwhile, Utah's secondlargest festival, Swiss Days, fills the streets of Midway.

My notes: _	
-------------	--

TEMPLE SQUARE

Between 1853 and 1893, members of The Church of Jesus Christ of Latter-day Saints cut and hauled stone from the canyons and slowly built an icon in Salt Lake City's skyline. Though the temple is not open for tours, visitors can explore the history, gardens, architecture, art and culture related to Mormon heritage and beliefs across 35 acres. Enjoy free weekly rehearsals of the Mormon Tabernacle Choir, stop by the visitors centers, dine in the Joseph Smith Memorial Building and save time to dig deep into your genealogical records at the Family History Library. Tours in 40 languages.

Mv	notes:	
,		

THANKSGIVING POINT \$

See the expansive North American Museum of Ancient Life, featuring one of the most valuable Jurassic dinosaur collections in the world, including a 150-million-year-old dinosaur egg. There's also the Johnny Miller-designed Thanksgiving Point Golf Club, restaurants, IMAX® and two gorgeous garden displays with activities for every season. The Museum of Natural Curiosity features more than 400 interactive experiences.

My notes:			

THIS IS THE PLACE & HOGLE ZOO \$

Spread out over 42 acres of hillside, the Association of Zoos and Aquariums-accredited Hogle Zoo's meandering tree-covered pathways guide the visitor on a discovery of nature and more than 800 animals. Right across the street, This Is The Place Heritage Park is a living history museum that recreates a typical 19th-century Mormon community at a historic site for Utah's Latter-day Saints community. Open daily year-round. Hours and admission vary by season.

notes:			

TIMPANOGOS CAVE NATIONAL MONUMENT \$ ①

Timpanogos Cave sits high on the northern slope of Mount Timpanogos in the Wasatch Mountains. Following a moderately strenuous mile-and-a-half hike to the entrance to the cave, run your hand over tiny fossilized shells and coral embedded in the smooth Deseret limestone cliff. It's hard to imagine that at 6,730 feet above sea level, you're standing on an ancient shoreline. Inside the caverns, things get really interesting. Open May-October. Book tours in advance. Take the Timpanogos Highway, part of the Alpine Loop Scenic Backway.

١	4	

UTAH MOTORSPORTS CAMPUS \$

In the wide basin of the Tooele Valley, visitors will find one of the nation's premier motorsports facilities. Hosted events include the Utah Grand Prix, the Pirelli World Challenge, AMA Superbike Championship and NASCAR. The campus lures racing fans, club racers and families looking for high-speed fun on the Kart Track or Wide Open Wednesday (WOW) laps and classroom sessions. Prices vary by event. 30 minutes west of Salt Lake City.

notac.	

UTAH OLYMPIC PARK \$

Four Nordic ski jumps, freestyle aerial jumps and a bobsled/luge/ skeleton track: Olympians train here, but almost everyone can get involved. Visitors can ride the Comet Bobsled, participate in an Olympic sports camp or simply stand in awe of aspiring Olympians. Tour the history of skiing and Utah's 2002 Olympic Winter Games. In summer, ride the state-of-the-art alpine slide or the world's steepest zipline. In Kimball Junction of Park City. Also check out Utah Olympic Oval ice sports venue south of Salt Lake City.

Мут	notes
-----	-------

UTAH STATE CAPITOL COMPLEX ①

On top of the hill at the northern end of Salt Lake's arterial State Street is the elegant Utah State Capitol. Completed in 1914 and patterned after the nation's Capitol Building, the historic building has free guided tours available most of the year. Sculpture, murals and exhibits throughout the building tell the story of the settling of the West. Nearby stops include the Pioneer Memorial Museum, Memory Grove Park, City Creek Canyon, and Council Hall for visitor information

My	notes:	
,		

WEBER RIVER LANDING

The Weber River humbly rises out of various lakes in the northeastern Uinta Mountains, where cool, clear water begins its 125-mile trek toward the Great Salt Lake. A majority of the Weber is private property, but a Walk-in Access program developed with property owners opens sections to anglers. Separately, a popular 5-mile float through Weber Canyon is accessible to well-equipped visitors. During high water, the float includes a class III rapid. The Weber River float parking lot is 2.5 miles northwest of Henefer and 35 minutes from Park City or Ogden on I-84. Guides and shuttles available. Life jackets required. Respect private property and do not litter.

My notes:	
-	









